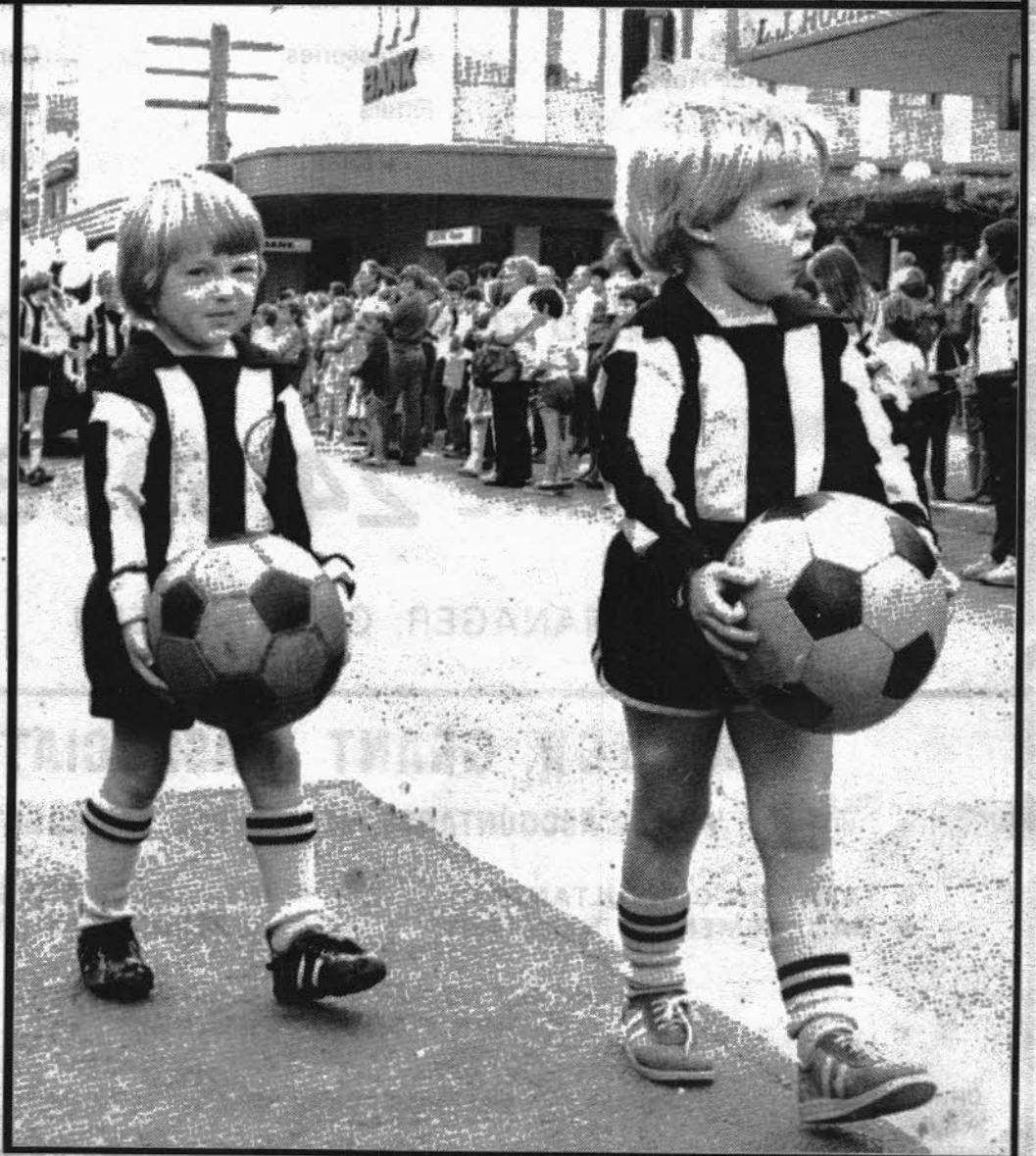


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A.A.P.A., A.A.I.M.

PHONE 247044

FRANK GRANT
F.A.P.A., A.A.I.M., A.T.I.A.

Dear Players & Parents:

Well here it is another soccer season soon upon us. No rest for the wicked is there?

A special welcome to those that are new to our club and I do hope you will be able to learn something about the committee and the workings of the club. Feel free to phone me or any committee members if you want to know anything about the running of the club.

Also welcome back to all our "old members", it is good to have you back with us for another successful season.

There is to be a coaches and managers meeting on Monday 29th March at 7pm at Alan Davidson Oval in the kiosk. Format for the meeting will be a talk on first aid from 7pm to 7.30pm then a general talk until 8.30pm. From 8.30pm on there will be a talk by members of the coaches association. This is a must for all coaches and managers. Team registration cards will be given out that night.

Marketown Sports Store on the 1st floor of Market Town Shopping Centre will be keeping stock of shorts and socks. Shorts are now in stock as well as a good range of boots, socks will arrive at the end of February.

A list of grading day times is further on in the bulletin, please try and make sure that your boy makes it to that day so that he is given every opportunity of being chosen in the correct team.

The competition starts in April, Juniors Saturday 3rd and Seniors Sunday 18th April.

Wet weather games will be played, association to advise the date of these games that date to remain.

Coaches and managers to be registered with 2 passport size photos, no payment is involved.

Teams from under 9B will be playing on the small field and will kick off 9am.

We are always glad to have sponsors for our teams and advertisers for our club bulletin but please make arrangement through the management committee who will be happy to give you a proposal to hand onto the person concerned.

Each year we have gala days between Hamilton Azzuri, Swansea and Woy Woy clubs. At this stage no dates are to hand but the "A" teams will be playing at Swansea and "B" teams at Woy Woy. That way most teams should then get a run.

There is an Art Union being run by the Central Coast Association and tickets are available from me for \$20. First prize is a trip to Spain for two, to see the World Cup. Value \$20,000.

A couple of dates to remember JUNIOR PRESENTATION DAY. SUNDAY 10th OCTOBER, 1982 at 12.30pm to 5.30pm. LEAGUES CLUB AUDITORIUM. Don't tell me after presentation day you didn't know the date, this is fair warning!!!!

A Melodrama is being put on again by members of our committee, date for this is 1st May in the FUNCTION ROOM, LEAGUES CLUB.

Yours in Sport,

Jill Smith. (Secretary)

GROUND LOCATIONS

<u>BERKELEY VALE:</u>	Kurraba Street, Berkeley Vale.
<u>BUDGEWOI:</u>	Off Scenic Highway, Budgewoi.
<u>DAVISTOWN:</u>	R.S.L. Oval off Davistown Rd., Davistown.
<u>EAST GOSFORD:</u>	Hylton Moore Park, East Gosford.
<u>ETTALONG:</u>	Kitchener Park (juniors) Ettalong Oval (seniors)
<u>GOSFORD CITY:</u>	Gavenlock Park. Adam Street, Narara.
<u>KANWAL:</u>	Turn into Peace Rd., Off Pacific Highway, Kanwal.
<u>KILLARNEY:</u>	Entrance Rd., (near High School) Bateau Bay.
<u>MT. PENANG:</u>	Pacific Highway, Kariong.
<u>P.M.K.</u>	6-8 Kulnura School. 5 miles along George Downs Drive. 9 upwards, oval opposite Oak Milk Bar, Peates Ridge.
<u>SOUTHERN UNITED:</u>	James Brown Oval, Woy Woy.
<u>OURIMBAH:</u>	Brush Road, Ourimbah.
<u>TERRIGAL:</u>	6-8 Skillon Oval, The Haven, Terrigal. 9 upwards, Duffys Road. Oval, Terrigal.
<u>THE ENTRANCE:</u>	6-8 over Entrance Bridge, 1st on right hand side. 9 upwards, Jubilee Park, Kitchener Rd. Long Jetty.
<u>TOUKLEY/GOROKAN:</u>	Crossingham Street, Toukley.
<u>UMINA:</u>	Umina Oval, off Melbourne St. Umina.
<u>WOY WOY:</u>	Blackwall Rd. Turn beside BP Garage, Woy Woy.
<u>WYOMING:</u>	Alan Davidson Oval, Renwick St. Wyoming.
<u>WYONG:</u>	Baker Park, Wyong.
<u>LADIES GAMES:</u>	Fagans Park, Brisbane Water Drive, Point Clare.

COACHES & MANAGERS PLEASE REMEMBER THAT ALL REGISTRATION CARDS ARE THE PROPERTY OF THE CLUB AND MUST BE RETURNED AT THE END OF THE SEASON.

TEAMS WILL ONLY COMPRISE 13 PLAYERS ENSURING ALL PLAYERS (WHERE PRACTICABLE) PLAY AT LEAST $\frac{1}{2}$ GAME EACH WEEK.

ENSURE PLAYERS ARE IN ATTENDANCE AT LEAST $\frac{1}{2}$ HOUR BEFORE GAME.

PLAYERS MAY INTERCHANGE FROM "A" TO "B" TEAMS IN THE SAME AGE GROUP UPTO 31/5 WHEN TEAMS MUST BE FINALISED.

GRADING DAYS

SUNDAY 21/2/82. AT ALAN DAVIDSON OVAL.

Under 6 10am - 11am
 7 11am - 12 noon
 8 1pm - 2pm

SUNDAY 28/2/82. AT ALAN DAVIDSON OVAL.

Under 9 1pm - 2pm

SATURDAY 27/2/82. AT ALAN DAVIDSON OVAL

Under 10 3pm.

MONDAY 15/2/82. ALAN DAVIDSON OVAL.

Under 11 4pm.

TUESDAY 16/2/82. ALAN DAVIDSON OVAL.

Under 12 4pm.
All Girls 4pm.

SUNDAY 28/2/82. ALAN DAVIDSON OVAL.

Under 13 & Under 14 10am
" 16 & " 17 11.30am.

A LOWER AGE GRADE PLAYER CAN BE MADE ELIGIBLE TO PLAY IN A HIGHER
GRADED SEMI FINAL IF HE HAS PLAYED 3 GAMES UP IN GRADE.

SUCCESSFUL COACHES APPROVED BY THE MANAGEMENT COMMITTEE

Under 6A:	Position Available	
6B:	" "	
7A:	Russ Malsem	PHONE: 24 4538
7B:	Henk Keulemans	28 2596
8A:	Norm Woods	28 1641
8B:	Position Vacant	
9A:	Steve Czisz	28 1457
9B:	Michale Oates	28 2374
10A:	Warren Anderson	32 5488
10B:	Bob O'Toole	40 1285
11A:	Steve Field	28 1056
11B:	Peter Frost	28 1461
12A:	Graham Smith	24 7218
12B:	Position Vacant	
13A:	Tony Lucas	24 7542
13B:	Steve Frame & Glen Pudsey	25 7799 25 2131
14A:	Steve Shoobert	28 2855
15A:	Bill Wilson	28 1972
17A:	Position Vacant	
19	" "	
3rd Grade	" "	
Res.	" " "	
1st	" " "	
14/16 Girls	Leonie Best	24 7806
Ladies	Position Vacant.	

Until both registration days are over we will not know for sure just what teams we will be fielding. Where there is no "B" coach the "A" coach will be the team contact. Because of lack of availability of fields grading day has been split into different days.

WYOMING SOCCER CLUB BY-LAWS UP DATE 1982

1. As a representative of Wyoming Soccer Club you are expected to act in accordance with the constitution and by-laws of the club and with the constitution of the Central Coast Soccer Association at all times.
2. A team manager is to be appointed by the club committee. The appointed coach may nominate any person for this position, however, it is the committees' wish that the coaches spouse is not nominated.
3. Coaches and managers must after each game, both home and away, fill in a match result sheet (supplied) and deposit it in the publicity box at the kiosk on Alan Davidson Park no later than 5.00pm on the day of the match. Scores can also be phoned in to the secretary, Jill Smith on 24 7218 before 6pm.
4. On the same form must be included the Player of the Year Award points for the match. These points must be included every week as the award is presented only by a count of these points at years end. The points are to be picked on a 3,2,1 basis throughout the season and the player with the most points will be declared Player of the Year for his team. A record of points will be kept jointly by the clubs's Vice President & Publicity Officer.
5. Either the coach or manager of each team must attend each monthly General Meeting which are held on 4th Monday of each month at 7.45pm in the basement of the Leagues Club. The purpose of this is to ensure adequate liason between committee, team officials and parents.
6. A monthly report is required from each team after 4th Saturday in each month. This must be deposited in the publicity box or received by the Club secretary by the completion of the monthly general meeting.
7. The coach is issued with Training Balls, Match Balls and playing strip at the start of the season. These must be signed for at the time of issue, cared for and returned immediately after the last game of the season.
8. Managers are to organise parents to assist in the club kiosk during home games.
9. A chook raffle is held every Friday night at 5pm at the Grange Hotel. Teams are rostered for duty and managers must ensure representatives of their team are there to run the raffle.
10. All Club members are asked not to overload their cars with boys but to organise sufficient transport to ensure safe driving.
11. It is the parents responsibility to make sure that the boys arrive at the ground on time.
12. After training coaches must make sure that the boys in their team are collected from the oval or sent home safely.
13. The Club will supply oranges for each team but coaches or managers must collect them from the kiosk.
14. Coaches who are not attending training are to cancel the training session or arrange for a responsible person to conduct the session on their behalf.

WYOMING SOCCER CLUB BY-LAW UP DATE 1982.

15. Registration cards are to be taken to each game and must be made available for viewing by opposing coaches. When playing a player from a younger age group he also must have a Resitration card available. Feel free to excercise your right to look at other teams cards also.
16. No player from a younger age division may play in your team unless you do not have sufficient of your own players available.
17. Referee fees should be paid by the coach or manager on the day of the match and claimed from the club at the monthly General Meeting.
18. Coaches and Managers must deter club members and players from using obscene and abusive language whilst at matches or training.
19. Grounds must be marked out and nets and corner posts erected, by teams having first use of the ground. Similarly, teams having last use of the ground must take down nets and stow nets and corner posts in storage area.
20. The club coach has been appointed by the elected club committee and must receive co-operation from coaches within the club. However, the club coach is appointed to assist all teams and must not concentrate on any particular team or teams.
21. Coaches and managers must not physically or verbally assault referees and must endeavour to prevent spectators harassing referees.
22. All teams will be allocated training times which after the start of the season must be conformed to. To organise training nights see club Vice President or Publicity Officer.
23. Children over school age are not permitted in the canteen.

LADIES AUXILIARY

The Committee and Auxiliary would like to welcome to all families new, or re-enrolling, to the Club in 1982.

The Ladies Auxiliary (L.A.) is made up of the wives, girlfriends, mothers and others interested in the soccer club to help run the canteen. During the soccer season through raffles, and other functions we endeavour to raise funds for the end of season presentation day, trophies and bannerets.

In the past the L.A. has been a small, often overworked, group. However with a growing club, and fresh new facilities we hope our numbers will grow also. Unfortunately the name L.A. tends to frighten off the male club members but their help is always needed and very much welcome. We are in essence a Canteen Auxiliary.

During the season we hold a few meetings in order to help organise the running of the canteen - all are welcome to attend, help and give advice.

Once again welcome to Wyoming Soccer Club and the 1982 Soccer Season.

Thea Field
(President L.A.).

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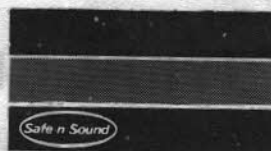
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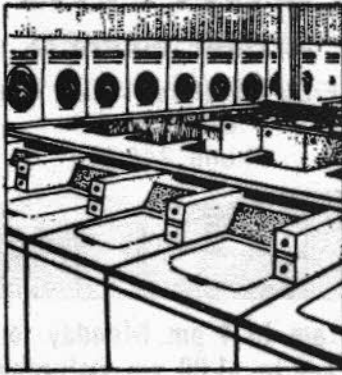
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POSITION PLAY & SYSTEMS

DIFFERENT SYSTEMS

1. W M
2. 4.2.4.
3. 4.4.2.
4. 3.3.4.
5. 4.3.3.
6. 3.2.5.

At a coaches meeting held 21st April, 1980 it was decided that all teams in the Under 6 to Under 12 age groups would be taught one basic style of soccer.

The system to be used would be 4.3.3.

The benefits to players, coaches and club are:-

1. Children would be taught the one system of play and uniform positions.
2. Change of coaches from team to team or players changing or substituting from team to team will not have difficulty in fitting into their new situation.
3. Children when watching games on T.V. will be able to align themselves with players and positions, understand and learn from seeing the top players.
4. As most modern methods are only variations from the 4-3-3 system children will find it easy to adapt to any tactical change as they get older.

POSITIONS IN 4.3.3. SYSTEM

ATTACKERS	11 Left Wing	10 Central Striker	9 Right Wing
MIDFIELD	8 Left Midfield	7 Centre Midfield	6 Right Midfield
DEFENCE	5 Left Back	4 Centre back or stoppers	3 Right Back
		1 Goalkeeper	

N.B. Either 3 or 4 can also be used as a "Sweeper".

COMMITTEE FOR 1982

PRESIDENT: Kevin Best, 1 Glencoe Ave. Wyoming Phone 24 7806
VICE PRESIDENT: Graham Smith, 2 Veronica Cres., Wyoming Phone 24 7218
SECRETARY: Jill Smith, 2 Veronica Cres. Wyoming 24 5792 or 24 7218
ASS. SECRETARY: Position Vacant
TREASURER: Colin Cottle, 3 Apanie Ave. Niagara Park. 28 2105
PUBLICITY OFFICER: Steve Field, 25 Crawford Cres. Wyoming Phone 28 1056
SOCIAL SECRETARY: Judith Burgess, 52 Malison St. Wyoming. Phone 24 1748
REGISTRAR: Leonie Best, 1 Glencoe Ave. Wyoming Phone 24 7806
ASS. REGISTRAR: Peter Frost, 33 Bourbon St. Wyoming Phone 28 1461
PLAYERS DELEGATE: Norm Woods, 33 Cristina Ave. Niagara Park. 28 1641
LADIES DELEGATES: Gayle Cottle, 3 Apanie Ave. Niagara Park. 28 2105
Joyce Bulley, 2 Linden St. North Gosford. 24 2786

We take this opportunity of thanking those who were on last years committee and didn't seek re-election for all the time and effort that they have given. It has been greatly appreciated by your fellow committee members.

LADIES AUXILIARY COMMITTEE

PRESIDENT: Thea Field, 25 Crawford Cres. Wyoming 28 1056.
VICE PRESIDENT: Joyce Bulley, 2 Linden St. North Gosford 24 2786
SECRETARY: Lindee Bell, Willow Tree Close, Narara, 28 2521.
TREASURER: Phy Brunell, 88 Berry Head Rd. Narara 28 3083.
PUBLICITY OFFICER: Jenny Forster, 32 Maple St. Wyoming.
WATERING OFFICER. Gayle Cottle, 3 Apanie Ave. Niagara Park 28 2105.
DELEGATES TO " " " " " "
MAIN BODY: Joyce Bulley, 2 Linden St. North Gosford. 24 2782

CENTRAL COAST SOCCER ASSOCIATION
COMPETITION RULES (ABBREVIATED)

61. Team Registrations

- (c) From Under 6 to Seniors, all players' photos must be affixed to the Registration Card.
- (d) Junior registrations close 31st July: Seniors 30th June.
- (f) Registration cards must be produced on request to either the team Coach or Manager or Captain before the game concludes. Failure to produce the cards on request will result in a loss on a forfeit.
- (g) Non-competition games for Under-6, Under-7 and Under-8.

62. Player Registrations

(a) Original Registrations -

- (1) An extract of, or a birth certificate, passport or official document of Country of Birth is to accompany the team registration sheets and the Registration Card.

63. Age Grade Qualifications

- (a) A player may register in an age grade when his birthday for that age grade falls on or after 1st January in the year of the competition.
- (b) The Association Registrar may require the production of evidence at any time in order to verify Association documents.

64. Transfer of Players

(i) Between Clubs:

- (a) The Club releasing a player must give to the player his registration card and a written official financial clearance to be submitted to his new Club.
- (b) The Club receiving the player must submit the registration card and the official financial clearance to the Association Registrar for notation and alteration of Association records.
- (c) A player may appeal to the Executive who may approve the transfer and direct the clubs accordingly.
- (d) No player may be transferred after 31st May.
- (f) A junior player Under-16 or younger advancing to Federation or Central Coast Senior teams during the current season is considered a bona-fide member of the Junior Club with whom he first registered. Permission must be obtained from his Club and Association before the change can be effected.
- (g) A player playing both in Junior and Senior competition must have (2) registration cards.

(11) Between Associations:

Subject to Northern NSWASF requirements, a player shall not be transferred into this Association's District after 1st August of each year, and must be accompanied by an official written clearance signed by his Club Secretary or Association Secretary.

(111) Between Teams (in the same Club):

Players may transfer between (A) and (B) Division teams, or (A) and (B) teams provided the transfer is in accordance with the rules. No player shall be allowed to transfer between (A) and (B) division teams or (A) and (B) teams more than twice in any one season except where a team is disbanded.

C.C.S.A. RULES (CONT)

65. Point Score System

- (a) Points shall be allocated as follows:
Win 2 points; draw 1 point; win on a forfeit 2 points; wash-out games 1 point each team.
- (b) Subject to Clause 61 any team playing an unregistered player shall lose the points won for each match affected. The opposing team shall receive two points as in a win.
- (c) Match results are to be phoned in by the clubs as directed by the Management Committee.
Clubs not complying with this Clause shall be liable to a fine of \$5.00 for each breach.
- (d) When a number of teams finished on equal points at the end of the competition the team with the better goal average will be the minor premiers whilst the remaining three teams with the next best goal averages shall be placed second, third and fourth on the point score. Goal averages will be worked out by subtracting the goals against from the goals scored. If still equal, the team scoring the most goals will be declared the winners.
- (e) Where a team is withdrawn all points for and against plus goals shall be deducted.

66. Games Duration

- Under-6 to Under-7: Two equal halves of 15 minutes each way.
- Under-8: Two equal halves of 20 minutes each way.
- Under-9 to Under-12: Two equal halves of 25 minutes each way.
- Under-13 to Under-14: Two equal halves of 30 minutes each way.
- Under-15 to Under-16: Two equal halves of 35 minutes each way.
- Under-17 to A/A: Two equal halves of 45 minutes each way.

67. Special Rules Covering Final Matches

(a) Semi-finals and Finals

If game is drawn extra time each way shall be played; if still drawn a further extra time shall be played. If still drawn a replay shall be arranged by the Fixtures Officer. If after two replays both teams are drawn, the team finishing highest on the point score shall be declared the winners. Times shall be Under-9 to Under-14, 5 minutes each way; Under-15 to Seniors, 10 minutes each way.

(b) Grand Finals

If game is drawn, extra time each way shall be played. If still drawn a further extra time shall be played. If teams are still drawn they will be declared Joint Premiers.

(c) All junior players must have played in at least two competition games with the team during the season.

68. Balls.

Both teams are to provide a match ball.

Sizes shall be:-

- Under-6 to Under-9 years - Ball size No.3 Circumference 22" to 23".
- Under-10 to Under-13 years - Ball size No.4 " 23½" " 26".
- Under-14 to Seniors - Ball size No.5 circumference 27" to 28".

C.C.S.A. RULES (CONT)

70. Goal Kicks and corner Kicks for Younger Players

Small Field:

Under-6 to Under-7 - Goal kicks 6 yard out from goal line.

Under-6 to Under-7 - Corner kicks 7 yards outside penalty area.

Under-8 - Goal kicks from goal area. Corner kicks from corner.

Large field:

Under-9 to Under-10 - Goal kicks 12 yards out. Corner kicks 8 yards out.

Under-11 to Under-12 - Goal kicks from goal area. Corner kicks 8 yards out.

71. Football Wear

(a) Players in all matches must appear in proper football uniforms, shirts or jerseys with sleeves and socks in the club's registered colours, and shorts. Footwear of Under-11 and older grades shall conform to Law 4, that is, Soccer boots must be worn. Aluminium studs shall be accepted.

Players Under-6 to Under-10 years may wear sandshoes or gym boots.

The goalkeeper shall wear a jumper or shirt which shall distinguish him from the other players. The colour may not be black.

(b) Players may wear spectacles whilst playing, provided the lens is a safety glass and the frames are pliable.

(c) Where, in the opinion of the referee, colours are conflicting, the alternate strip colours shall be all white shirts or jerseys. The home team shall provide the required alternate strip. Where colours clash in semis and finals and grand finals both teams shall change.

72. Referee's Card

(a) The team Manager, Coach or Captain shall print clearly the names of his team on the Referee's Card under the PRINT column.

(b) A player may play in a higher grade team any number of times, but must indicate on the Referee's Card the age grade of the team in which he is registered.

(c) Team Managers or Coaches must sign the Referee's Card to confirm the result unless they disagree with the score and wish to protest. The Referee must be informed of the protest and the Referee to note the protest on the card, then the Coach or Manager shall sign the card.

73. Substitutes

(a) Any team is allowed two (2) substitutes in any competition match.

(b) Five substitutes may be printed on back of the Referee's Card. only two (2) may take the field.

(c) Ineligible players: Any team or player in breach of the Competition Rules shall forfeit points, offending team shall lose goals scored and team receiving the points shall be credited with their scored goals.

(d) In semi-finals, finals and grand finals, two substitutes will be allowed

C.C.S.A. RULES (CONT)

74. Match Referees

- (a) The match referee shall be paid by the teams prior to taking the field, both teams to pay half the fees.
- (b) The Official Referee for all games shall ^{be} appointed by the Referee's Appointment Board. In the event of the Official Referee not being present the Team Managers shall appoint a person to act, failing this, the Captains of both teams must select a person to act. Any available qualified referees shall be given preference. No protest may be made on games controlled by unqualified referees.
- (c) If agreement cannot be reached as to whom shall referee in the absence of an Official Referee, the game shall be cancelled and the Referee's Card marked accordingly and forwarded to the Secretary of the Referee's Association.

75. Forfeiting of Matches

- (a) A team forfeiting on three (3) consecutive occasions, without complying with (b), shall be removed from the competition.
- (b) To claim a forfeit, a team must take the field after signing the referee's card and kick off. The club forfeiting shall be responsible for all the referee's fees.

76. Wet Weather LISTEN TO 2GO

- (a) If any one game in any one age group is washed out then all games for that age group are washed out. This does not include abandoned games.
- (b) The referee shall have the power to decide as to the fitness of the ground in all matches where the Council has not closed the ground.
- (c) Deferred matches shall be played as soon as is convenient and under the direction of the Fixtures Committee and the Referee's Cards shall be marked accordingly.

77. Commencement of Matches

- (a) Matches shall commence at such time and upon such grounds as may be directed by the Management Committee and any club refusing or failing to play the club against which it has been drawn shall have forfeited the match (see Clause 75).
- (b) Late Starts: In the event of a late start the game must be played short time to allow the following match to start at the time set down in the competition draw and equal halves shall be played.
- (c) No times shall be altered except by direction of the Fixtures Officer.

78. Divisions

All clubs shall grade their players in accordance with their ability before the commencement of the season and the submission of team registration sheets, when divisional competitions are arranged by the Management Committee.

79. Player Sent Off.

- (d) The venue of the meeting is to be the East Gosford Clubhouse at 7.30pm, on the Wednesday following the breach except in exceptional circumstances when the meeting will be called for as directed by the Association Secretary.

C.C.S.A. RULES (CONT)

79. Player Sent Off (cont)

- (e) Players sent from the field of play and who have to appear before the Judiciary Committee shall take their registration card to the Judiciary Meeting.
- (g) Junior players up to and including 12 years to appear before a panel of referees, said players to be accompanied by his Manager, Coach, or Club Official. He shall be allowed to play until summoned by the said Committee at a place and time convened for a hearing.

80. Players registered with Federation clubs shall not play in Senior competitions without the permission of the Senior Committee.

82. A player who is cautioned three (3) times in one season shall appear before the Judiciary Committee.

83. Under-6 and Under-7 Competition.

Coaches allowed on field of play but outside the penalty area.
Coaches allowed on field in final series to be decided by Management Committee meeting.

84. Club Trophies

Method used to determine winners of J. Atkins and Sterland Trophies. Juniors only.

Sterland Trophy. The club with the highest amassed total number of points is declared the winner.

J. Atkins Trophy. Total number of points amassed by the club and divided by the number of teams registered at the beginning of the season -- the club average.

<u>AGE.</u>	<u>FEE.</u>	<u>EACH HALF.</u>	<u>BALL SIZE.</u>	<u>GOAL KICK.</u>	<u>CORNER KICK.</u>
6-7	\$2.50	15 min.	3	6yd.out g/l.	7yd.outp/a.
8	\$2.50	20 "	3	" " "	" " "
9	\$3.50	25 "	3	12yd.out g/l.	8yd.out p/a.
10	\$3.50	25 "	4	" " "	" " "
11 & 12	\$3.50	25 "	4	a minimum of \$2.00 per	
13 & 14	\$3.50	30 "	4	linesman 6 to 16 years.	
15 & 16	\$5.00	35 "	5	\$3.00 per line	
Ladies	\$7.00	40 "	5	\$3.00 " "	
19	\$7.00	40 "	5	\$4.00 " "	
2nd div.	\$8.00	40 "	5	\$4.00 " "	
Res.	\$9.00	45 "	5	\$4.00 " "	
1st.	\$12.00	45 "	5		
<u>Premier I.</u>					
1st	\$15.00	45 "	5	\$7.00 " "	
Res.	\$12.00	45 "	5	\$6.00 " "	

GRANGE ROSTER

The weekly Chook Raffle run at the Grange Hotel every Friday from April is an important fund raising activity. All that is required is for your team to be rostered on twice in the season. Managers are to make sure that 3 persons are available when their team is rostered. If a team is unable to have anyone down there for their turn one of the committee must be contacted so that someone else can sell the chooks. Time involved 5pm to 6pm.

2/4/82.	SENIORS	7/5/82.	12A,12B.	4/6/82.	9A,9B.
9/4/82.	"	14/5/82.	11A,11B.	11/6/82.	9C1,9C2.
16/4/82.	Under 16,17.	21/5/82.	10A,10B1.	18/6/82.	8A,8B.
23/4/82.	" 15,14.	28/5/82.	10B2,10C.	25/6/82.	7A,7B.
30/4/82.	" 13A,13B.				

SENIORS.

The Wyoming Senior Players held a meeting on Thursday 4th February that was attended by about 30 players. It was decided that training would begin this week-end 7th April at 8am at Terrigal, meet at The Haven car park. Training will also begin next week at Alan Davidson Oval at 6.30pm.

Should any prospective players who missed the meeting still be interested in playing, please telephone Dave Cronk on 84 2837 who will be coaching 1st and res grade. Norm Woods will be the Seniors trainer and he can be contacted on phone 28 1641.

LATEST COACHES TO HAND.

Under 19: Col Menzies, who can be contacted on 84 5551.

Under 12B: Fred Watmore, who can be contact C/- Graham Smith, 24 7218.
(Fred is in the process of moving into the area.)

GALA DAY AT WOY WOY HIGH SCHOOL, AGAINST WOY WOY.

14/3/82. Most "B" teams will get a run this day, times to be advised nearer the day. 2 Senior teams will also be playing.

COACHES INSTRUCTIONS

The club has available for coaches, several coaching instruction manuals for their perusal.

As with most jobs one takes on, one needs guidance and it will be a great benefit to you if you take time to use them.

If you are interested in advancing your qualification and experience in the art of coaching, the Central Coast Coaches Federation (formed 1981) have regular sessions throughout the year.

Contact Kevin Best 24 7806 for further information.

GENERAL ADVICE TO COACHES

While the positions of coach and manager are voluntary within our club, it follows that having accepted the position, we accept the responsibility which goes with the position, and the welfare of each individual boy must be paramount.

1. If we are to teach by example, we must set a good example.
2. If we expect the boys to be punctual and well behaved, we must be punctual and well behaved.
3. Look like a coach and as if you are taking it seriously. Dress appropriately.
4. Have patience, understanding and tact - but never be weak or indecisive.
5. Be confident, enthusiastic and organised. It will rub off on the boys.
6. Praise good work and encourage real effort; try to be positive, cheerfully.
7. Prepare your coaching session beforehand and know exactly what you intend to attempt in the time available. Ensure the equipment you need is available.
8. Evaluate last weeks game and think of next weeks game.
9. Vary the training programme to maintain players' interest; boredom is deadly.
10. Introduce new techniques and tactical elements only progressively.
11. Keep as many players as possible occupied as constantly as possible. Avoid long spells of inactivity which breaks concentration.
12. Involve parents. Break your team up into groups at training with set exercises under the eye of a responsible parent while you concentrate your attention where it is required most.
13. Make sure the floodlights, or sun is behind your boys so that they are not blinded when doing set exercises.
14. All exercises should be demonstrated.
 1. Without Ball
 2. With ball in slow motion
 3. With ball at speed
 4. Under pressure or near match conditions.
15. Show one exercise at a time. A solid demonstration is far more effective than almost any amount of description. The demonstration should give a clear picture of the exercise.
16. If the players don't respond to a particular point, it should not be repeated over and over again, but should be shown and explained in another way.

GENERAL ADVICE TO COACHES (CONT)

17. Use boys of higher ability in demonstrating.
 18. Must accept that in any group of junior players there will be varying levels of advancement and a natural ability and we must be prepared to encourage and spend more time with the least able.
 19. See that mistakes are eliminated and the skills properly mastered.
 20. Don't talk unnecessarily. Allow your players to learn things by doing rather than listening.
 21. Speak slowly and clearly. Use the correct terms so that everybody can understand what you mean.
 22. See that the players are comfortable and relaxed and able to see and hear you without difficulty.
 23. Coaches and managers should NOT show dissension in front of their boys.
 24. Maintain discipline at all times and do not permit slackness.
 25. There is absolutely no excuse for the use of bad language, or for vehement criticism or abuse.
 26. It might be bad for the centeen, but boys should not eat PIES etc. before taking the field.
 27. Do not coach from the sidelines. Apart from being illegal, constant instructions during a game may confuse your players. In any case, most of the advice is lost in the general noise. Avoid strong criticism of individuals at half-time, or even at full-time. Save your criticism for training sessions.
 28. We must accept a responsibility to ensure we don't pressure our juniors such that we deprive them of all enjoyment through participation in the sport, and we find them leaving the code before they start.
 29. Do not extend the boys beyond their physical limits.
 30. Insist on full authority as team coach. Do not listen to friendly "advice" from parents or committee men of your club. Without being rude, point out to them that you are in sole charge of the team, that you have been employed as the coach and that you would appreciate being left alone to do your job.
 31. Knowledge should be increased by reading and attending advanced coaching classes.
 32. The club's coach is at your disposal for guidance and advice.
-

PARENT GUIDE

PLAYERS EQUIPMENT

SHOES: Ideally a player should have three types of shoes - the short rubber moulded soles for harder grounds; the longer screw-in type studs for softer or wet grounds; training shoes for either training, warming up or wearing to and from training and matches.

Studs are used to give players the correct footing. As our grounds are generally hard most of the year, a pair of the rubber-moulded sole type is first preference, especially with young players who quickly grow out of shoes and who only have one pair of shoes at a time.

Proper attention to shoes is essential for a player wishing to perform near his peak.

Like most things, shoes will last longer and serve you better if they are cared for. Ordinary shoe polish is satisfactory although there are many leather reconditioners on the market which are ideal for prolonging the life of your shoes. With wet shoes many make the mistake of putting them out in the sun the following day. This tends to make the leather harder and the shoes more uncomfortable to wear the next time. Always wash excess mud and debris off shoes immediately and leave to dry as normally as possible without putting them in the direct rays of the sun.

New shoes should be worn-in gradually before wearing them in an actual match. Many make the mistake of playing in them immediately. This can result in badly blistered feet and perhaps missing out on playing in the following match. It takes several wearings to mould shoes to your feet and this is best done over short trial periods. Dampening before use is also useful in breaking-in new shoes.

For youngsters who, because of rapid physical growth during a season, have to buy shoes slightly bigger in size, padding is also helpful. They can either pad toes with cotton wool or wear two pairs of socks which will give a better fit until they grow into the shoes.

LACES: These seem of minor importance but often cause the most trouble. Many a match has been lost because one of the players is out of action retying laces or repairing broken ones. Tie laces on the outside of the shoe - the area least used for kicking. Always carry a spare set of laces for emergency. Better still, check laces before going to training or matches. After laces are tied they can be covered by wrapping P.V.C. tape around the shoe to ensure the laces do not come untied.

SOCKS: These should be light, comfortable and always kept up. Sloppy appearance leads to sloppy play. Broader elastic garters are preferable for keeping socks up to other forms of thinner tie ups. Thinner ones tend to hinder circulation and may cause circulatory problems with players' legs later in their careers.

SHIN PADS: Youngsters should wear them from their first playing days for protection. There are many lightweight brands available, some of which are built into the sock itself and the long run protection benefits to the players tremendous. Foam shin pads are available from stores. These pads are extremely light and sell for under \$2.00.

PARENT GUIDE (CONT)

SHORTS: Should be comfortable and light with plenty of room for the whole range of movements. For protection purposes again, it is also advisable for players to wear one of the many types of athletic supports available.

TRACKSUITS: Especially in the winter months, training and warm-ups for matches should be carried out in tracksuits. The idea is to keep the muscles warm and ready for action and to this end tracksuits serve a good purpose. When showers are unavailable after matches, too, tracksuits help in cooling the body down and preventing 'flu and other viral infections.

GOALKEEPERS: Although basically similar to the needs of other players, there are some equipment "aids" which are different from his team mates.

Gloves: For wet weather or moist grounds to improve handling. It is much harder to handle a wet and greasy ball than a dry one and gloves are a great help in this respect. Many matches are lost because the "keeper" lets the wet ball slip through his hands - something that could be avoided if he is wearing gloves.

Cap: Nearly always essential to keep the sun and glare out of the eyes a cap is essential in this respect because a goalkeeper more than any other player is exposed to so many match-deciding high balls.

All the recommendations listed above are to assist you in purchasing equipment for your boy, however, it is only essential to buy shoes, socks and shorts, all other items mentioned are recommended but NOT compulsory.

WHAT IS GOOD FOOTBALL

1. A good game of football is one in which firstly you see the players enjoying themselves. Winning matches is important, but trying to win stylishly and fairly is what football is all about. Win, draw, or lose, skilful football is enjoyable football.
 2. A second measurement is the extent to which both teams try to win by attacking as much as they can, and by defending when they have to. Good football is playing to win rather than playing to avoid losing.
 3. This is when groups of players frequently combine confidently and calmly, using all the techniques of the game - HEADING, PASSING, DRIBBLING, SHOOTING, and so on - with delicate touch and cleverness.
 4. Finally a good game of football must be played **fairly** and honestly meaning playing and trying as hard as possible all the time.
-

CENTRAL COAST SOCCER ASSOCIATION

A GIANT LEAP FOR CENTRAL COAST SOCCER The C.C.S.A. will be entering a senior team and an U.19 team in the N.N.S.W. State League in 1982. This represents a tremendous step forward for players both present and future and raise the standard of soccer on the Coast. Not only will it provide an opportunity for our best players to be involved in a higher level of competition but it will also give soccer supporters in this area a chance to see first class teams and referees in action. We will be involving our junior Representative teams in this venture and at last our U.16 Reps. and other good U.16 players will have something to set their sights on.

THE SKY'S THE LIMIT The N.N.S.W. State League is not the end of our ambitions. We hope, and confidently expect, to be involved in N.S.W. State League, Philips League or even Super League eventually. There is a wealth of talent on the Central Coast both in playing and administrative ability and we would like to utilise the best available.

HELP! HELP! HELP! AN UNDERTAKING of this nature will necessarily involve support from the whole soccer community. A committee has been formed but many more people will be needed. We will also need financial support. The cost of entering two teams will be substantial as coaches and senior players will be paid. To make the enterprise a success it is vital that we have the support of everyone. We believe that we can be successful in the competition and we have faith in the people of this area. Let's get together and prove how good we really can be.

JOIN. We are organising a Supporter's Club. For the annual membership fee of only ten dollars you will be able to become a Founder Member of the club. For an additional \$10 single subscription or \$20 family subscription you will be entitled to free entry to all home games. This admission would cost at least in the region of \$20 per year. This is a golden opportunity for you to show your support for our teams at a very low cost. If you wish to join the club please complete the application form below and return to the C.C.S.A. If you are interested in helping in any other way either before the commences or during the season we would be delighted to hear from you.

.....
APPLICATION TO JOIN THE SUPPORTER'S CLUB

NAME.....

ADDRESS.....
.....
.....

TYPE OF SUBSCRIPTION

- \$10 Annual Membership
- \$20 Annual Membership plus free
- \$30 Annual Membership plus free entry for family to all home games.

Cheques to be made payable to the Central Coast Soccer Association.
Return to C.C.S.A. P.O.Box 287, GOSFORD. 2250.

FAIR PLAY CODE FOR CHILDREN IN JUNIOR SOCCER

1. Do not force an unwilling child to participate in sports.
2. Remember, children are involved in organised sports for their enjoyment, not yours.
3. Encourage your child always to play by the rules.
4. Teach your child that honest effort is as important as victory so that the result of the game is accepted without due disappointment.
5. Turn defeat into victory by helping your child work towards skill improvement and good sportmanship.
6. Never ridicule or yell at your child for making a mistake or losing a competition.
7. Remember that children learn best by example. Applaud good play by your team and by members of the opposing team.
8. Do not publicly question the officials judgement and never his honesty.
9. Support all efforts to remove verbal and physical abuse from children sporting activities.
10. Recognise the value and importance of volunteer officials and coaches. They give their time and resources to provide recreational activities for your child.
11. Appreciate the worth and value to the game of the referees and linesmen/women, by co-operating where possible.
12. Referees without linesmen are not infallible, especially in making off-side decisions, offer your services. He will adapt his refereeing to your experience.
13. Finally, realise that there is nothing wrong with competition as long as adults are making every effort to maximise the positive aspects of childrens sports.

PLAYING DURATION

U/6 & U7	15 minutes each way.	-	U/13 & U/14	30 minutes each way.
U/8	20 " " "	-	U/15 & U/16	35 " " "
U/9-U/12	25 " " "	-	U/19 to Sen.	45 " " "

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